

# Inspire Café

## *Sandwiches & More*

All sandwiches are served with small side soup or tossed or Caesar salad

.....  
Ask about our gluten free and Vegetarian alternatives.  
Gluten free bread is available with an additional cost  
of \$1 per slice/\$2 per sandwich.  
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**Curried Egg Salad on Raisin Bread** \$11  
A delicious blend of sweet and savoury - eggs, onions,  
celery in a curry mayonnaise

**Grilled Three Cheese** \$11  
Brie, Cheddar and Swiss between thick slices of French  
loaf

**Grilled Egg and Cheese** \$11  
Cheddar, Swiss and egg between thick slices of French  
loaf

**Bacon or Ham, Lettuce and Tomato** \$12  
Bacon or thin sliced ham, thick cut tomatoes, lettuce and  
mayo on whole wheat toast

**Veggie Wrap** \$12  
Hummus, selection of in season vegetables and cream  
cheese wrapped in a whole wheat tortilla. Vegan option  
available

**"Inspired" Club Sandwich** \$12  
Oven roasted chicken, ham, bacon, tomato and lettuce and  
mayonnaise. Served on one quarter of a French loaf

**Philly Cheesesteak Sandwich** \$12  
Beef sautéed with our "inspired" onions and peppers,  
pimento cheese and melted Swiss all served on a warm  
baguette

**Cuban Panini** \$12  
Sliced and mojo-marinated roast pork, ham, Swiss  
cheese, pickles and mustard grilled on a large kaiser

**Tex Mex Panini** \$13  
Sliced chicken, Enchilada sauce, mushrooms, peppers,  
onions, Swiss and jalapeno cheese on grilled sourdough

**Frittata** \$11  
A slice of our daily crustless (gluten free) egg tart baked  
golden brown served with side tossed or Caesar Salad

**Macaroni and Cheese** \$11  
Made with a selection of cheeses in a creamy sauce  
Add a side tossed or Caesar salad for \$2  
Add garlic toast \$2

**Meat Pie** \$14  
Our daily featured 5" meat pie served with side tossed or  
Caesar salad

*Soups, Starters & Salads on the other side ▶*

# Inspire Café

## Lunch Menu

Available at 11:00am

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## Soups & Starters

### Inspire Lentil Soup **\$7/\$9**

Small or large bowl served with a homemade cheese bun or crackers. Gluten free, dairy free and vegan

### Soup of the Day **\$7/\$9**

Small or large bowl served with a homemade cheese bun or crackers

### Garlic Hummus and Pita **\$10**

Our homemade hummus served with warm pita bread

### Pimento Cheese and Bruschetta Pizza **\$10**

Our blend of cheeses and spices served on a crisp crust and topped with homemade bruschetta and Parmesan cheese. Oven baked. Add side tossed or Caesar salad \$2

## Salads

### Soup and Salad **\$11**

Small bowl of soup and a small tossed, Caesar or daily salad. Add cheese bun \$2

### Tossed Salad **\$8/\$11**

A selection of in season vegetables served over a bed of lettuce with house vinaigrette. Add cheese bun or garlic toast \$2

### Caesar Salad **\$8/\$11**

Romaine lettuce tossed with our in house Caesar dressing, homemade croutons and grated Parmesan cheese. Add bacon \$3 Add cheese bun or garlic toast \$2

### Club Salad **\$13**

All of the ingredients that belong on our club sandwich; ham, chicken, bacon and tomatoes served on a bed of lettuce with our house vinaigrette. Add cheese bun or garlic toast \$2

### House Salad **\$13**

Grated cheddar cheese and sliced egg with a selection of in season vegetables served over a bed of lettuce with our house vinaigrette. Add cheese bun or garlic toast \$2

### Cobb Salad **\$15**

Crispy fresh greens topped with sliced egg, ham, chicken, bacon and in season vegetables served on a bed of lettuce with our house vinaigrette. Add cheese bun or garlic toast \$2

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**Salad add ons:**

One slice garlic toast	<b>\$2</b>
Hard-boiled egg	<b>\$2.5</b>
Bacon (2 slices)	<b>\$3</b>
Chicken	<b>\$4</b>

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*Sandwiches & more on the other side ▶*