# Inspire 

## Breakfast Menu <br> served till 11:00

Ask about our daily breakfast feature
Ask about our gluten free and vegetarian alternatives. GF Gluten free bread is available with an additional cost of $\$ 1.25$ per slice $/ \$ 2.5$ per sandwich

## Toast and Homemade Preserves \$5

2 slices of your choice from a selection of available breads. Add \$2 for McBrides Bakery sourdough or a King bagel

## Poached Eggs on Toast \$11.5

Two eggs poached and served on two slices of whole wheat toast and garnished with sliced tomato. Add a side of Inspired Hash for only \$4

## G8 Frittata \$9.5

A slice of our daily crustless egg tart baked golden brown. Add toast or a side of Inspire Hash for only \$4

## Breakfast Sandwich \$10

In house baked croissant filled with cheese, potato patty, bacon or ham, egg and our special sauce

## Breakfast Bap \$10

Our British inspired Breakfast Sandwich! Homemade Scottish sausage, cheddar cheese, caramelized onions on a McBrides Bakery Bap bun. Add an egg \$2.25

## Breakfast Wrap \$10

An egg scrambled with shredded hash browns, peppers and green onions, with cheese and salsa, grilled in a whole wheat tortilla. Served with sour cream and hot sauce
Add an extra egg $\$ 2.25$
Add bacon or ham \$3.5

## Grilled Three Cheese \$10

Cheddar, Swiss and Brie between thick slices of French loaf

Grilled Egg and Cheese \$10
Cheddar, Swiss and egg between thick slices of French loaf

Bacon or Ham, Lettuce and Tomato \$10 Bacon or sliced ham, thick cut tomatoes, lettuce, and mayo on toasted whole wheat bread

## BELT on a Toasted Bagel \$12

Bacon, egg, lettuce, tomato, and mayo on a toasted King bagel
© Inspired Hash \$7.5
Crispy cube potatoes, onions and red peppers, served with sour cream and hot sauce. Add bacon, ham or mushrooms \$3.5. Add side Hash to any Breakfast item for \$4
© Inspire Meat Medley \$16
Our Inspire hash potatoes cooked with bacon, ham, homemade sausage, mushrooms, peppers and green onions topped with two poached eggs and served with two slices of whole wheat toast. Sour cream, hot sauce and preserves on the side

