



Inspire Café

Sandwiches & more

All sandwiches are served with small side soup or tossed or Caesar salad

.....
Ask about our gluten free and vegetarian alternatives.
Gluten free bread is available with an additional cost of
\$1.25 per slice/\$2.5 per sandwich.
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Curried Egg Salad on Raisin Bread \$12.5
A delicious blend of sweet and savoury - eggs, onions,
celery in a curry mayonnaise

Grilled Three Cheese \$12.5
Brie, Cheddar and Swiss between thick slices of French loaf

Grilled Egg and Cheese \$12.5
Cheddar, Swiss and egg between thick slices of French loaf

Bacon or Ham, Lettuce and Tomato \$12.5
Bacon or thin sliced ham, thick cut tomatoes, lettuce and
mayo on whole wheat toast

Veggie Wrap \$12.5
Hummus, selection of in season vegetables and cream
cheese wrapped in a whole wheat tortilla. Vegan option
available

"Inspired" Club Sandwich \$13.5
Oven roasted chicken, ham, bacon, tomato and lettuce and
mayonnaise. Served on one quarter of a French loaf

Philly Cheesesteak Sandwich \$13.5
Beef sautéed with our "inspired" onions and peppers,
pimento cheese and melted Swiss all served on a warm
baguette

Cuban Panini \$13.5
Sliced and mojo-marinated roast pork, ham, Swiss
cheese, pickles and mustard grilled on a large kaiser

Main St. Sandwich \$14.5
Ham, salami, Monterey Jack cheese, spinach, tomato and
olive tapenade on McBride's Bakers bread. Named after
our historic 2nd Street!

Frittata \$12
A slice of our daily crustless (gluten free) egg tart baked
golden brown served with side tossed or Caesar salad

Macaroni and Cheese \$12
Made with a selection of cheeses in a creamy sauce
Add a side tossed or Caesar salad for \$2.5 Add garlic
toast \$2.5

Meat Pie \$15
Our daily featured 5" meat pie served with side tossed or
Caesar salad

Soups, Starters & Salads on the other side ►

Inspire Café

Lunch Menu

Available at 11:00am

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Soups & Starters

Inspire Lentil Soup **\$8/\$10**
Small or large bowl served with a homemade cheese bun
or crackers. Gluten free, dairy free and vegan

Soup of the Day **\$8/\$10**
Small or large bowl served with a homemade cheese bun
or crackers

Garlic Hummus and Pita **\$11**
Our homemade hummus served with warm pita bread

Pimento Cheese and Bruschetta Pizza **\$11**
Our blend of cheeses and spices served on a crisp crust
and topped with homemade bruschetta and Parmesan
cheese. Oven baked. Add side tossed or Caesar salad \$2.5

Salads

Soup and Salad **\$12**
Small bowl of soup and a small tossed, Caesar or daily
salad. Add cheese bun \$2.5

Tossed Salad **\$9/\$12**
A selection of in season vegetables served over a bed of
lettuce with house vinaigrette. Add cheese bun or garlic
toast \$2.5

Caesar Salad **\$9/\$12**
Romaine lettuce tossed with our in house Caesar dressing,
homemade croutons and grated Parmesan cheese. Add
bacon \$3.5 Add cheese bun or garlic toast \$2.5

Club Salad **\$14**
All of the ingredients that belong on our club sandwich;
ham, chicken, bacon and tomatoes served on a bed of
lettuce with our house vinaigrette. Add cheese bun or
garlic toast \$2.5

House Salad **\$14**
Grated cheddar cheese and sliced egg with a selection of
in season vegetables served over a bed of lettuce with
our house vinaigrette. Add cheese bun or garlic toast \$2.5

Cobb Salad **\$16**
Crispy fresh greens topped with sliced egg, ham,
chicken, bacon and in season vegetables served on a bed
of lettuce with our house vinaigrette. Add cheese bun or
garlic toast \$2.5

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Salad add ons:
One slice garlic toast **\$2.5**
Hard-boiled egg **\$2.75**
Bacon (2 slices) **\$3.5**
Chicken - sliced **\$4.5**
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Sandwiches & more on the other side ▶